



June 8

Passage: Psalm 1

A new week, a new book! If you're new here, we have been working through a series in the Rock called ELEVATE. In the series we take an overlook of books of the Bible. In the devos for the summer we are diving deeper hitting pieces of the story!

We start the book of Psalms today! The Psalms were mostly written by David and a collection of others. The Psalms are written prayers, songs, and laments to God. They were written for the follower of God to know what to cry out when they didn't know what to cry out!

So, as we begin, pray. Pray the Lord would grow you through the book of the Psalms this week.

READ & DIG. Read Psalm 1 (underline anything that sticks out to you)

In this chapter, the beginning of the entire book, there are two people outlined – *the blessed man and the wicked*. These two distinctions we'll see throughout the entire book and really trace through the entire Scriptures, let's check out what the psalmist (the writer of the Psalm) has to say!

THE BLESSED MAN

The first mentioned is the Blessed man. The blessed man is the one who is pursuing the Lord. Yes, this can be man or woman, the *blessed man* can be seen as the blessed one. His life is marked by two things *keeping good company and loving the Word*. Firstly, we see the blessed man doesn't hang around the wicked, sinners, scoffers (1). These are people who are not following the Lord, but rather are purposefully fleeing him. These are people who are intentional with their evil. The blessed man is wise and doesn't spend time with them so that they do not influence him. Secondly, the blessed man loves or delights in the Word (2). Look how often the blessed man gives himself to the Word – *day and night he meditates on the Word!* That covers everything! At all times he is considering the Word, thinking on it! Because he is so connected to the Lord it is as if he is planted by a stream – filled with life, not lacking in anything and fruitful!

THE WICKED MAN

The Wicked man on the other hand is totally different than the blessed man, though isn't he? The wicked is like chaff, *worthless, good for nothing*, why are the wicked like this? They reject the Lord. Their outcome is totally contrary to what the blessed man's is, who is known by the Lord. The wicked can't stand before the Lord but rather they will eternally perish.

Apply & GO

The blessed man is one who is connected to the Lord. The application is simple isn't it? Live the blessed life!

- Seek the Lord through his Word... spend time in the Word and meditate on it, think on it!
- Steer clear of bad influences... Are there people you need to distance yourself from?