



June 12

Passage: Psalm 23

Happy day! Before we jump into Psalm 23, spend some time in prayer. Ask the Lord to help you understand the Word and remember it.

READ & DIG. Read Psalm 23 (underline anything that sticks out to you)

Psalm 23 teaches us a ton and one of the greatest things it does is focus our hearts and minds on God. The Psalmist is in the midst of a difficult time and during this time he writes these incredible truths about the Lord...

HE IS THE SHEPHERD (1-3)

The Psalmist calls God his *shepherd*. I know an odd thing maybe to call the Creator of all things, but it is true! Think about what a shepherd does – *he leads the sheep!* Look at where David says this great shepherd leads his sheep... *green pastures, still waters, in paths of righteousness!* These are pictures of rest and plenty. The Lord is the shepherd that guides our hearts to rest!

HE IS THE RESTORER (3)

God is also *the restorer*. David says, *he restores my soul!* Have you ever just felt drained? After running five miles nothing sounds better than a water or Gatorade, right? Why? You are parched, you need something to restore you! Have you ever felt that way in life? Have you felt worn out, as if you were tired of all the mess? David felt this way. In a way we could say his soul was parched. Often, we become dry, our wells dry up and we are in need of something to restore us. that's what God does for us. He restores us ultimately from our fallenness, but he also restores and renews us daily through his Word!

HE IS THE COMFORTER (4)

God is also *the comforter*. David writes of the *valley of the shadow of death*. This is the dark time of life: *the broken situations, the difficult circumstances, the hardships of life*. But what do we see David say about God? He says *God is with him, his rod and staff comfort him!* What an incredible thing to feel, that God is with you! David finds comfort in the Lord's rod and staff. The rod and staff provide correction and protection, to ward off enemies and to pull back wandering sheep! There is no difficulty we must face alone. God is our comforter. So much that it drives the Psalmist to *fear no evil!*

HE IS THE FAITHFUL (5-6)

David knows God is working, he knows that he hasn't been abandoned. In these two verses we see David sure that God will deliver him before the enemy even as *his cup runs over*, meaning not only will the Lord deliver David from his enemies but even more provide abundantly for him. Though David's situation really didn't seem to change, he has found content in dwelling with the Lord for the rest of his life!

Apply & GO

So, God is all that we need in our time of need.

- Trust God in the broken situations, lean on him and his Word!

- Pray this Psalm! Pray that as difficulties in life arise you will put your full trust in God and not yourself!