



June 11

Passage: Psalm 61

Glad your back! Let's look at where the Rock gets its name! Today we'll check out a passage that point to our ROCK, God.

Before we jump into our devotion, spend a few minutes in prayer with the Lord. Ask him to clear your mind and make himself real to you through his Word.

READ & DIG. Read Psalm 61 (underline anything that sticks out to you)

GOD IS THE ROCK

In David's anguish, brokenness, when his heart is faint, he cries for the Lord to listen to his prayers. He calls for the Lord to lead him to the Rock that is higher than himself! Two things are happening here. 1) He is asking the Lord to lead him to himself, God is the Rock - immovable, strong. Just as David says in V3, *you have been my refuge, a strong tower against the enemy.* David is calling out to and for the Lord, but also David is exalting God above himself. He says lead me to the Rock that *is higher than I.* David gets it, he can't do it on his own he needs the Lord! When you are faint in heart, seek the Rock that is higher than you, pray to him, ask for help and he will give it. Ultimately, he has given us Jesus who truly did what we couldn't do.

WE WILL DWELL WITH HIM FOREVER

David asks that the Lord would *let him dwell in his tent forever, to take refuge under his wings.* David is praising and praying for the eternal work that the Lord does. You see this is more of David reflecting on that which God has already done! David says, *you have given me a heritage of those who fear your name.* David is finding comfort in one of his darkest moments reflecting and remembering the work God has accomplished! If you are a follower of Christ, you and I can hold to the fact that God will continue his work after we are gone and that we will dwell with him forever. Regardless of what comes you are sealed with the Lord!

GOD'S WORK LEADS TO OUR PRAISE

David paints a beautiful picture of what our response to God should be. Even in the difficulty of this time in David's life, he praises God. His circumstances haven't changed but his attitude does. As he goes from thinking about everything that is wrong to thinking about the Lord he then moves into a heart of worship.

Apply & GO

So, when you feel weighed down, faint of heart ask the Lord for help and he will give it.

Just like Hannah, we need to –

- ***Trust in the Rock rather than yourself!*** God is the rock we can trust. He has provided stability through Jesus' work. Trust in him eternally and trust in him daily! When you are tempted to think you got it all together run to him, in the good and the bad!
- ***Focus on the Good!*** Often the craziness of life can drag us down. When it does, remember and focus on God. He is a good God, with a good plan for you.