

**GARRETT INTROS...**

Technology is one of the most helpful things of our time...

Thing about it... smartphones... computers... tablets... television...

I bet most everyone if not every single person in the room has at least one of these forms of information...

The technology conversation is a mixture of a conversation about what we are looking at... taking in... and how much time we are spending on it right?

Really that's what this conversation is about isn't it?

\*\*\*think about a few things... when you get in trouble with your parents, and it has to do with your phone or PS5... Xbox... what are they getting on to you for?

Probably staying up too late... they heard crazy things coming over the speakers from playing together... you are looking at stuff you shouldn't... you're ignoring other responsibilities...

You see... time and content that is the focus...

We are watching things we shouldn't... spending more time than we should...

That's what we want to focus our tech conversation on... But here is also the truth students aren't the only one with tech problems... it's an everyone problem... me... you... your parents... everyone!

So much that now you get a weekly update of how much time you spent on your phone... that wasn't some cute addition... it was created because we need to be aware of how much time we are losing to our phones... we are straight up addicted to our tech... *how late have you stayed up playing video games???*

What does all this mean?

It means that tech can be a problem... it means that it's probably a problem for you and I right now...

So, like any other red flag we have been talking about... what do we do? how does God want us to handle this? how has he gifted us to handle this?

**THE POINT: WE ENJOY GOD'S GOOD GIFTS BEST WHEN WE ENJOY HIM MOST.**

**READ: GEN. 1:26 – 31**

**TECH IS A GIFT FROM GOD! (GEN. 1:31)**

Look... we are not here to say that tech is a bad thing... no... tech is a great thing... in fact, tech is a gift from God... it's a great gift...

God is the giver of good gifts! Remember the creation narrative... what happened at the end? God looked at everything and said – *it is very good...*

The iPhone wasn't the first "technology..."

Think about all throughout history... rakes... shovels... cranes... water buckets... ha... this isn't what we think about when we think about technology... but it is!

**Technology is the skills, methods, and processes used to achieve goals.**

All of these things are good gifts from God... he has given us these things so that we could advance... So, we wouldn't have to dig with our hands ha... seriously... you see God has given us tech for good...

And the world of tech opens to *medicine* and *testing* for certain things and *creating cures* to things... *Security systems* that help keep us safe... we have *elevators*... *cell phones*... *air bags*...

You see tech itself is not a bad thing... But there is a problem...

**SIN STAINS TECH!**

Genesis 3... the story of the Fall we all probably know it... but let's check it out again... Sometimes we forget it if we don't keep it in front of our faces...

**(GEN. 3:14-19)**

You see... the serpent... the woman... the man... they weren't the only things tainted by sin... God's very creation is changed... impacted by the result of the Fall... as Adam and Eve desired something greater than God... they got it... and it was a wreck...

Now, the creation we know is the result... *broken... harsh... sad...*

So, what in the world does this have to do with tech?

Tech is part of creation... *tech was marred along with creation...*

There is not innocence... there is nothing left that is not stained by sin in this world...

This is the root of why we feel somewhat addicted to technology...

Why it sucks us in... why it keeps us... why it makes us feel like we can't do without it...

Every time it dings we have to look at it... every time there is a comment we have to check it... everytime someone shares a TikTok... sends a text... we can't leave it for 10 seconds... we have to look...

This is because sin traps us and is waiting to kill us...

*"Andrew... its literally a phone... yep... it was a just fruit on a tree too..."*

This is exactly what God told Cain... **GEN. 5:6-7**

We have to look at everything in life knowing that sin is waiting to devour us... to kill us... to do whatever it takes to stop us... so we fight!

But there is hope... there is good news...

### **CHRIST REDEEMS TECH!**

Knowing that all things have been stained by sin... we know there there is hope in Christ...

Christ brings hope to all things...

Paul even tells us in **ROM. 8:19-22** that creation itself is *growing for something greater...* something more... and Jesus provides it... Jesus redeems what sin has stained... **COL. 1:19-20**

So, knowing that Christ *has redeemed* and is *redeeming all things*... how can we watch out for the tricky part of sin when it comes to tech... and how can we redeem our use of it?

### **Watch the RedFlags... (this is how you know when you're in too far...)**

- You can't leave your phone alone...
- When someone tells you to put it down you freak....
- When you spend more time looking down than up....
- When it causes you to think wrongly...
- When you can't stop looking at bad stuff...
- When you have no conversations other than there...

### **Actions to take place to fight tech addiction...**

1. Start the day with God.
2. Turn off notificaitons.
3. limit your phone check to once an hour.
4. Inform your friends.
5. Avoid unhealth things.
6. Consume true, good, and beautiful media.
7. Cut out pre-bed use of your phone.
8. Ask for help.
9. Enjoy the moment.
10. Spend more time with people than tech.

### **TAKEAWAYS:**

- *Fix your heart on Christ... this helps us face anything!*
- *Check your tech...*
- *Set an example...*

### **QUESTIONS:**

1. What stood out from tonight?
2. How have you seen tech stained by sin?
3. What is your biggest struggle with tech? (content or time?)
4. How can you "redeem" technology?
5. what are practical ways to help us guard ourselves from sin when it comes to technology?